

## ABSTRACT

**Nuranggraeni, Silvia Dwi. (2021) *The Actions of Women in Okky Madasari's The Years of the Voiceless*** Yogyakarta: English Language Education Study Program, Sanata Dharma University.

This study discusses women's actions toward oppressions. Women's actions in many societies, including in Indonesia, have often been limited, partly due to the prevalent patriarchal culture. Women, as well as men, should have the same right to improve themselves without any restraint from their surroundings. Restrictions on women make them afraid to speak for themselves.

The research aims to investigate how women's actions in Okky Madasari's *The Years of the Voiceless* bring impacts on their surroundings, especially other women. This study also analyzes the actions done by the two main characters when they face oppressions. This novel pictures Indonesian women's struggle in the new order era. Some women issues related to discrimination or oppression are portrayed in the story, as described from the eyes of the mother and daughter characters, Sumarni and Rahayu. There are two research questions formulated in this study: 1) How do the actions of Sumarni and Rahayu in this story affect their surroundings? and 2) How do Sumarni and Rahayu respond to the oppressions from the society they live in?

This study used a psychological critical approach, and employed library research as the data gathering method. The primary source of this study is the novel by Okky Madasari entitled *The Years of the Voiceless*. The secondary sources are from various books, journals, articles and other sources from the internet.

The first finding reveals that the actions of Sumarni and Rahayu can be categorized as responses to situational demands, manifestation of attitude, and testing new attitudes. The first finding also shows how other women around them are affected by the main characters' actions. The impacts of Sumarni and Rahayu are manifested in three central features of attitude, based on Kelmen's theory of the role of action in attitude change: first, attitudes are functionally based, second, attitudes are socially shared and third, attitudes represent a range of commitment to the attitude object. The second finding shows that both female characters showed two kinds of reactions toward oppression. The first one is to surrender to oppression and the second one is to stand up for their rights. Their reactions can be categorized as responses to situational demands, adherence to new policy, manifestation of attitude, and testing new attitudes

**Keywords:** Psychological approach, Women's actions, Women's struggles

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Penelitian ini membahas tentang aksi wanita terhadap penindasan. Aksi wanita dalam masyarakat, termasuk di Indonesia, kerap kali dibatasi salah satunya karena lazimnya budaya patriarki. Wanita dan pria seharusnya memiliki hak yang sama untuk meningkatkan dirinya tanpa adanya pengekangan dari sekitar. Pembatasan terhadap wanita membuat mereka takut untuk berbicara untuk dirinya sendiri.

Penelitian ini bertujuan untuk mendeskripsikan bagaimana aksi wanita di *The Years of the Voiceless* oleh *Okky Madasari* membawa pengaruh ke sekitarnya terutama untuk wanita-wanita lain. Penelitian ini juga menganalisis aksi oleh dua karakter utama pada saat menghadapi penindasan. Novel ini menggambarkan perjuangan wanita Indonesia di era order baru. Beberapa masalah wanita terkait diskriminasi atau penindasan muncul di cerita yang dijelaskan oleh sudut pandang karakter ibu dan anak, Sumarni dan Rahayu. Terdapat dua pertanyaan dalam penelitian ini yaitu; 1) Bagaimana aksi dari Sumarni dan Rahayu mempengaruhi sekitarnya? dan 2) Bagaimana Sumarni dan Rahayu menanggapi penindasan dari masyarakat?

Penelitian ini menggunakan pendekatan psikologi dan studi pustaka sebagai metode pengumpulan data. Sumber data utama dari penelitian ini diambil dari novel ciptaan Okky Madasari berjudul *The Years of the Voiceless*. Sumber sekunder penelitian ini diambil dari bermacam buku, jurnal, artikel dan sumber-sumber lain dari internet.

Hasil dari pertanyaan pertama menyatakan bahwa aksi berpengaruh oleh Sumarni dan Rahayu dapat dikategorikan sebagai tuntutan situasional, perwujudan sikap dan percobaan sikap baru. Temuan pertama juga menunjukkan bagaimana orang lain terpengaruh oleh kedua tokoh utama. Sumarni dan Rahayu memberi pengaruh ke sekitarnya terwujud dalam tiga fitur utama sikap (Menurut teori oleh Kelmen): pertama, sikap berbasis fungsional, kedua, sikap dibagikan secara sosial dan ketiga, sikap mewakili rentangan komitmen. Hasil dari pertanyaan kedua menunjukkan bahwa ada dua macam reaksi atas penindasan. Pertama ialah menyerah pada penindasan dan yang kedua adalah membela haknya. Reaksi mereka dikategorikan dalam tuntutan situasional, kepatuhan terhadap peraturan baru, perwujudan sikap dan percobaan sikap baru.

**Kata kunci:** *Psychological approach, Women's action, Women's struggles*